



**AVID WANTS  
YOU TO  
RECRUIT  
SOMEONE  
THAT YOU LIKE!**

**We will REWARD both of you!**



If you are an existing member of Avid Fitness Center Ltd simply tell a friend to mention your name when they buy a **new** membership at Avid. We will discount their membership by 10% and we will reward you with a gift certificate worth 10% of their purchase that you can use in our running store.

Everybody wins! You each get a deal & you will encourage one another to stick with your workouts!

*Avid is the heart of running & fitness in Powell River*

[www.avidfitness.ca](http://www.avidfitness.ca)

